



## TODAY

### Basketball

6p- Girls vs. Imagine  
Wesley Academy  
7:15p- Boys vs Imagine  
(McClarín Gymnasium)

#### Tues., Feb. 2nd

5:30p- Zumba, \$3/person

#### Wed., Feb 3rd

Progress reports are sent home

#### Thurs., Feb. 4th

5:30p- Zumba, \$3/person  
5p-7p- **Spirit Night** held at Chick-fil-A- (please dine out. Some proceeds come to KSFA.)

#### Fri., Feb. 5th

Basketball- KSFA vs. Hapeville

#### Sat., Feb 6

Sat. School Showcase  
Parent University

#### Thurs., Feb 11th

Dessert and Movie Night

#### Wed. Feb 17th

**CAREER DAY!!!**

#### School Store

Mon.- Emory, Spelman,  
Morehouse, Xavier

Tues. UIW, URI, UGA,  
Tuskegee

Thurs. Hartford, UH,  
FAMU, Hampton

## *A message from our School Director...*

Greetings Team and Family,

Great News, Ms. Fields and Ms. Segure were recognized by 11 Alive Class Act as exceptional educators. Donna Lowry interviewed them, DeUndre Eberhart, our 7th grade KIPPster who nominated them, as well as other KIPPsters, KSFA and KMAC staff. As you know, Ms. Segure has our 7<sup>th</sup> grade KIPPsters doing the well known "Egg Experiment." (The egg represents a child. The KIPPsters must provide parental care to the child for one week.) Jill Joplin, (KMAC), remembered doing the experiment as a middle school child. Donna Lowery loved it so much that she did a story on it right there on the spot. She interviewed several KIPPsters who were all very articulate and well spoken. GO KSFA!!!! So, we have 2 superstar teachers highlighted and a superstar lesson highlighted. Ms. Fields spotlight airs Monday, Feb. 1st at 6:40am and 12:00pm. You can also view it on 11alive.com. Mrs. Lowry will inform us when Ms. Segure's spotlight airs.

Parents, please recognize all of our teachers for the extraordinary job that they do each day. A positive simple e-mail, note, and/or telephone call works wonders. Throughout Atlanta and the state of Georgia, KSFA is known for its phenomenal test results. In addition to our high test scores, it means just as much, if not more, to spotlight the other parts of our mission that the KSFA staff continues to nurture and develop in our KIPPsters. The fact that one of our KIPPsters nominated a teacher is huge! Also, the compliments that our 5<sup>th</sup>, 6<sup>th</sup> and 8<sup>th</sup> graders received from representatives from the field lessons were sensational. I am so privileged to work with such a dynamic group of educators.

I am excited to announce that the KSFA Board of Directors elected East Point Councilperson Pat Langford as its new chair, Project Manager Cabral Franklin as its treasurer and KSFA Dean of Students Tonya Phipps as its secretary.

Remember that this is the semester for the standardized test! The eighth graders did extremely well on the GA state writing assessment. The fifth grade writing test is March 3. All grades take the ITBS from March 29 to April 2 and the CRCT begins April 15 and ends April 22. See you tonight at our girls and boys basketball games.

*"Give so much time to the improvement of yourself that you have no time to criticize others."*  
Jondré Pryor

#### Parent University—Saturday, February 6th

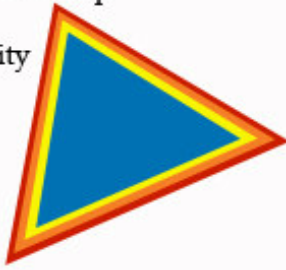
1. A Department of Family and Children Services representative speaks for 15 minutes on the importance of adoption
2. Mr. Hampton, conducts computer sessions on:
  - a. GA OAS test preparation
  - b. Study Island
  - c. Thinkgate
  - d. CRCT testing

#### Lottery Enrollment

KSFA's 2010-2011 lottery application forms are available through the KSFA website. Parents, please contact Ms. Taylor for sibling enrollment forms.



Family & Friendship  
Integrity  
Responsibility  
Excellence



# CONNECTIONS



## Remember

The bus company

678.701.9256

## Knowledge Is Power Program

### KIPP Credo

If there is a problem,  
we look for a solution.

If there is a better way,  
we find it.

If teammate needs help,  
we give.

If we need help,  
we ask.

Our mission is to strengthen the knowledge, skills, character, and physical fitness of students in South Fulton County, thereby creating opportunities for success in top-notch high schools, colleges, and the competitive world beyond the classroom.

### School Yearbook Picture Re-takes/Make-ups

Monday, February 1<sup>st</sup> will be your child's last opportunity to take pictures for the KSFA yearbook this year. All students who did not previously take pictures have already been scheduled for Monday. If you would like for your child to re-take his/her picture, please call or email Tonya Phipps can schedule a photo time for your child. All students who are taking re-take and make-up pictures will be issued passes on Monday morning during morning meeting which will show them the time that they should report to the media center. Please make sure that your child wears his/her polo if it has been earned this school year.

### "Dessert and a Movie" Night

Date: Thursday Feb 11<sup>th</sup> (we have Friday-Monday off)

Time: 5:30-7:30PM

Place: KSFA Auditorium

Please bring:

5<sup>th</sup> grade parents – water, drinks

6<sup>th</sup> grade parents- paper plates, napkins

7<sup>th</sup> grade parents- cakes

8<sup>th</sup> grade parents –popcorn, popcorn bags, butter, and salt

**Parents, we need your assistance with KIPPster supervision. Contact Mrs. Dewitt if you can assist.**

### Weekly Health Tip (compliments of Coach Carter)



Alas, the fresh fruits of summer are a distant memory for many right now. But chin up! You might be able to get just as much nutrition with this winter alternative: freeze-dried. A recent study showed that, ounce for ounce, freeze-dried black raspberries contain even more cancer-fighting anthocyanins than fresh berries do. And freeze-dried fruit can keep for over a year.

#### **Better-for-You Berries**

Blackberries, raspberries, blueberries, and cherries are some of the best cancer-fighters around, thanks to their high anthocyanin content. And since they are made up mostly of water, freeze-drying the berries concentrates the nutrition. For example, the black raspberry study showed that you need only a couple of tablespoons of freeze-dried black raspberries to get the anthocyanin content of a cup of fresh berries. Not too shabby. But keep in mind that, berry for berry, some nutrition *is* lost through freeze-drying. Plus, you'll feel less full with freeze-dried fruit because there's no water content.

#### RealAge Benefit:

Getting the right amount of antioxidants through diet or supplements can make your RealAge 6 years younger.

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***RELATIONSHIPS, ROUTINES, AND RIGOR***